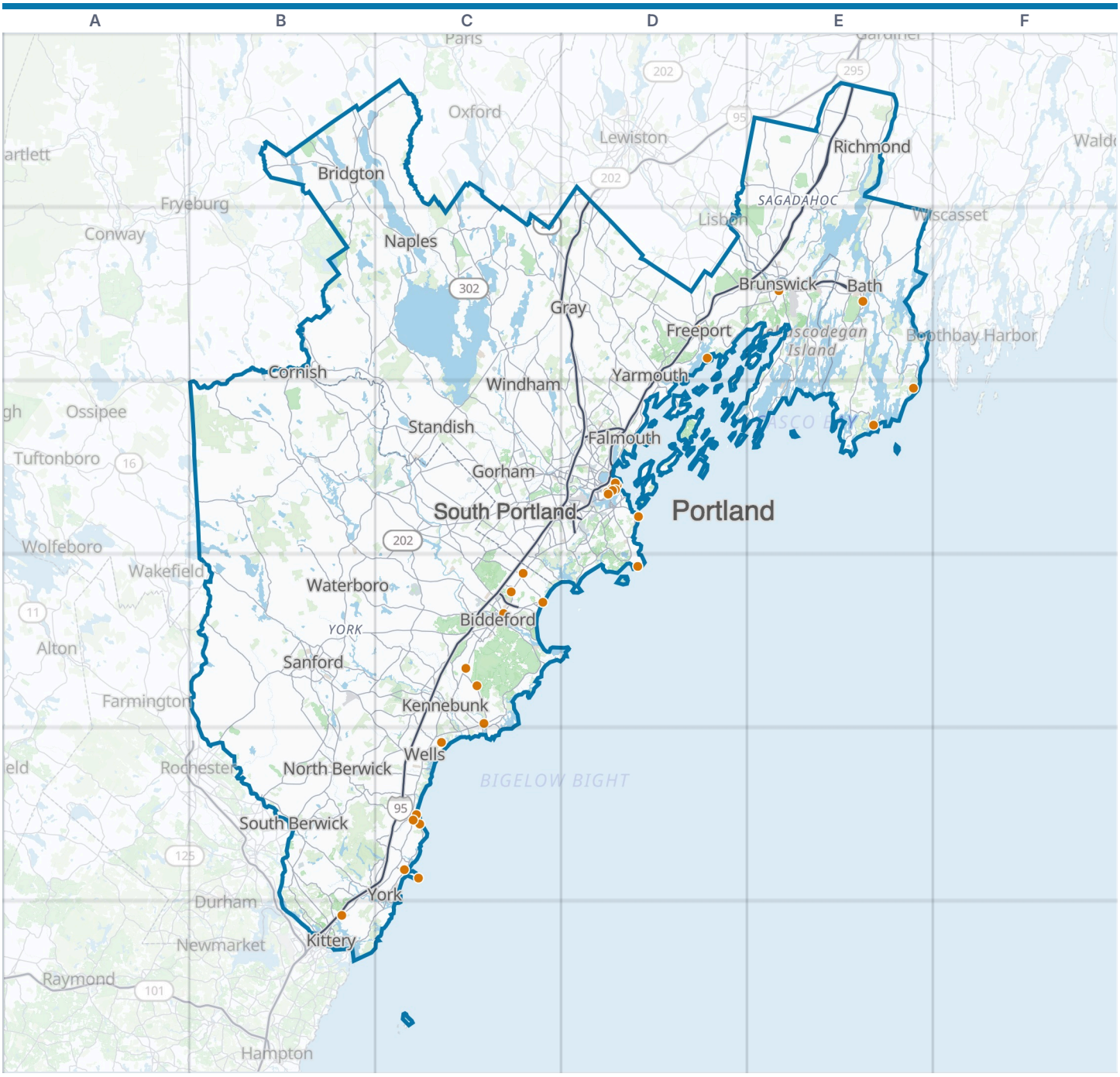
Portland-South Portland Metro Area Map

Metropolitan area, Maine





Portland-South Portland Metro Area

County line

VisitorFun attraction

Park or forest

Zoom out: Maine map

A metropolitan statistical area as the U.S. Office of Management and Budget delineated it in July 2023: 3 counties. About 572,000 people lived here in 2024.

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Portland-South Portland Metro Area Map

Counties, cities and highways

Counties

Cumberland County	C2
Sagadahoc County	E1
York County	B4

Cities and towns on the map

Bath	E2
Biddeford	C4
Bridgton	B1
Brunswick	E2
Cornish	B2
Falmouth	D3
Freeport	D2
Gorham	C3
Gray	D2
Kennebunk	C4
Kittery	B6
Naples	C2
North Berwick	B5
Portland	D3
Richmond	E1
Sanford	B4
South Berwick	B5
South Portland	D3
Standish	C3
Waterboro	B4
Wells	C5
Windham	C3
Yarmouth	D2
York	C5

Main highways

I-95	B6 C3 C4 C5 D1 …
I-195	C4
I-295	C3 D2 D3 E1 E2
US 1	D3 E2
US 202	B4 B5 C3 C4 D2
US 302	B1 B2 C2 C3 D3
ME 4	B4 C3 C4 D2
ME 4A	B4
ME 5	B4 C4
ME 9	C5 D3
ME 11	B4 B5 C2
ME 24	E2
ME 25	C3
ME 26	C2 D2 D3
ME 35	C2
ME 100	D3
ME 109	B4 C4 C5
ME 111	B4 C4
ME 117	C3
ME 127	E2
ME 196	D2 E2

Principal cities

Portland
South Portland

Parks and preserves

Leavitt Plantation Forest
Massabesic Experimental Forest
Merrymeeting Bay Wildlife Management Area
Rachel Carson National Wildlife Refuge

Where this is

United States › Maine › Portland-South Portland Metro Area

VisitorFun attractions

Aquaboggan Waterpark
Children's Museum & Theatre of Maine
Funtown Splashtown USA
HatTrick Fishing Charters
Intown Trolley
L.L.Bean Flagship Store
Maine Beaches Region Visitor Information Center
Maine Maritime Museum
Maine Narrow Gauge Railroad Co. & Museum
Maine State Music Theatre
Marginal Way
Nubble Lighthouse
Ogunquit Museum of American Art
Ogunquit Playhouse
Old Port
Palace Playland
Peary–MacMillan Arctic Museum
Popham Beach State Park
Portland Head Light
Portland Museum of Art
Portland Observatory
Portland Schooner Co.
Raptor Falls Mini Golf & Ice Cream
Reid State Park
Seashore Trolley Museum
The Holy Donut
Two Lights State Park
Victoria Mansion
Wells National Estuarine Research Reserve (Wells Reserve at Laudholm)
Wolfe's Neck Woods State Park
York's Wild Kingdom
Yummies Candy & Nuts

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