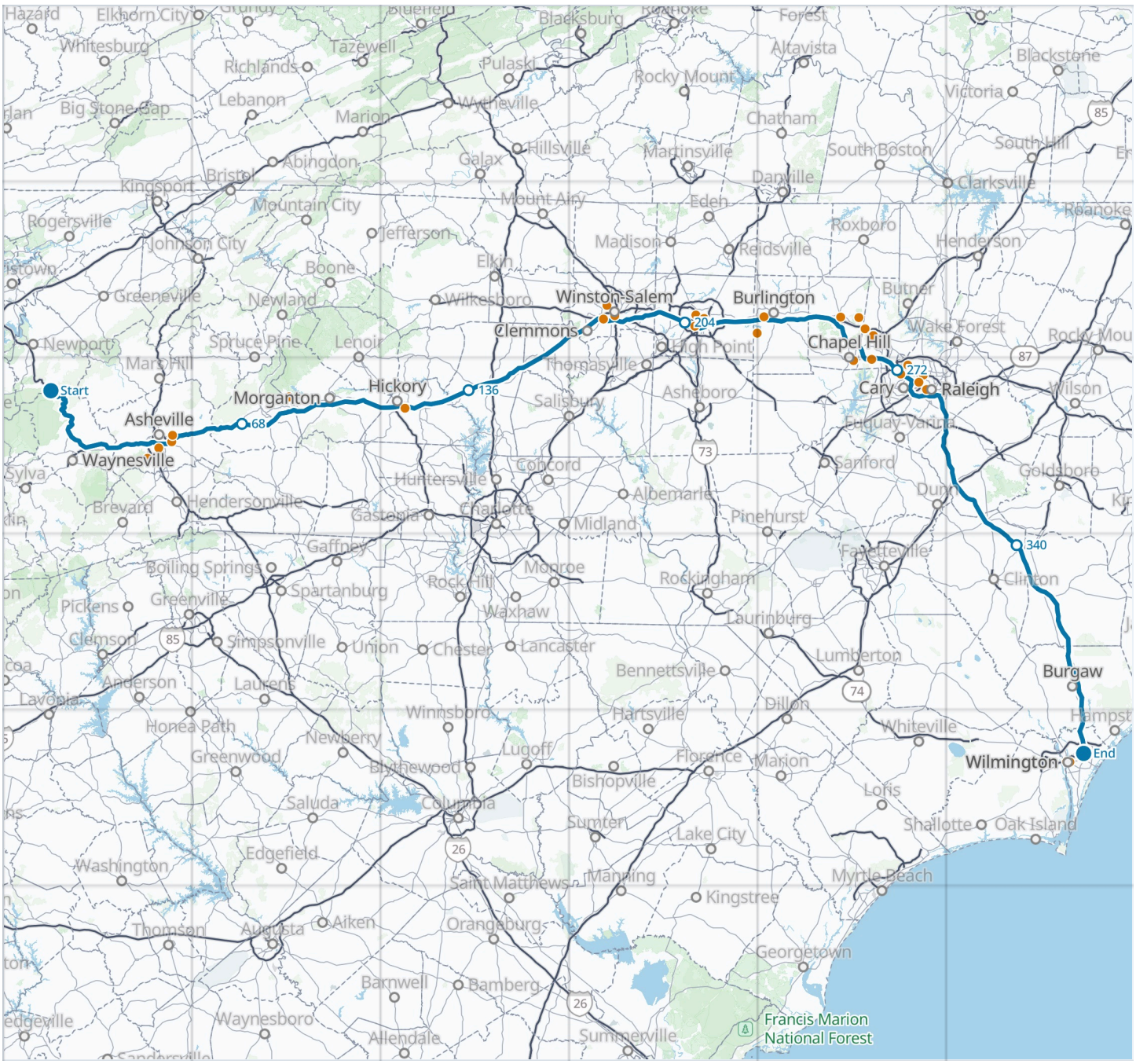
I-40 in North Carolina Map

Interstate highway, North Carolina





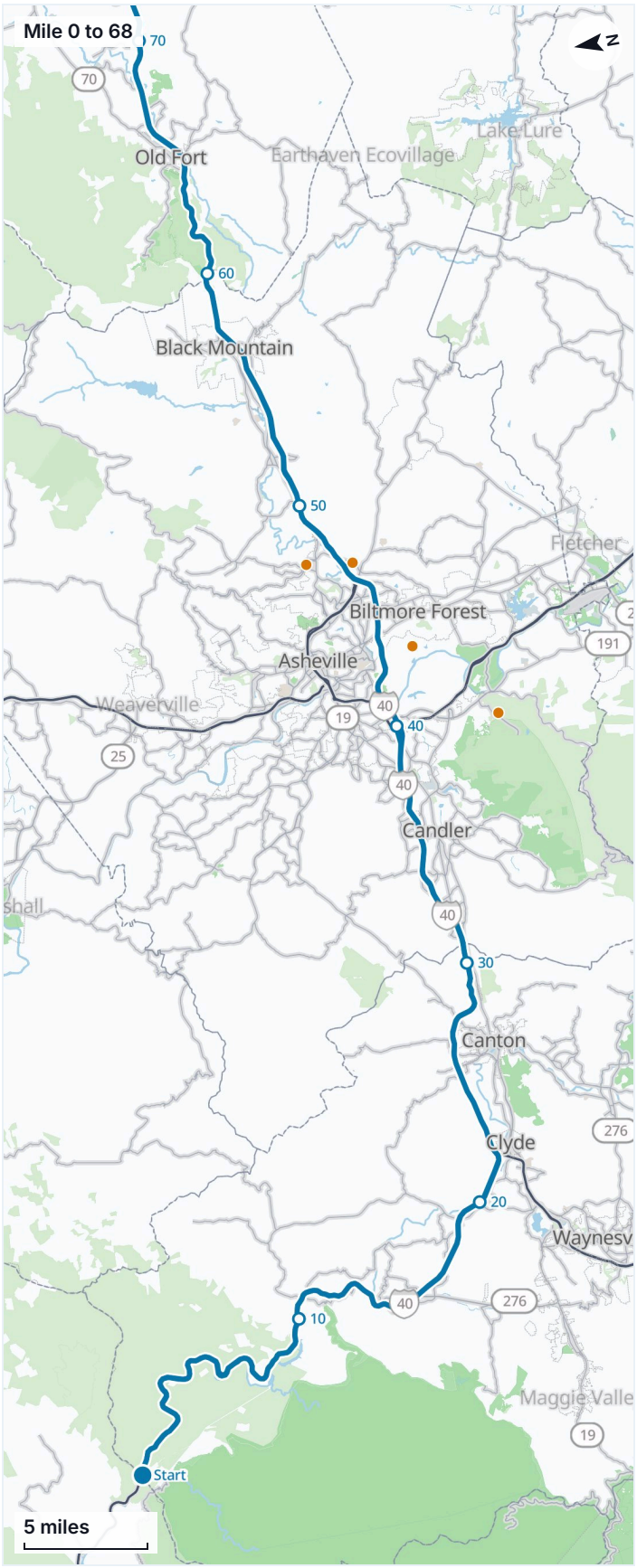
The road
County or independent city line
VisitorFun attraction
Park or forest

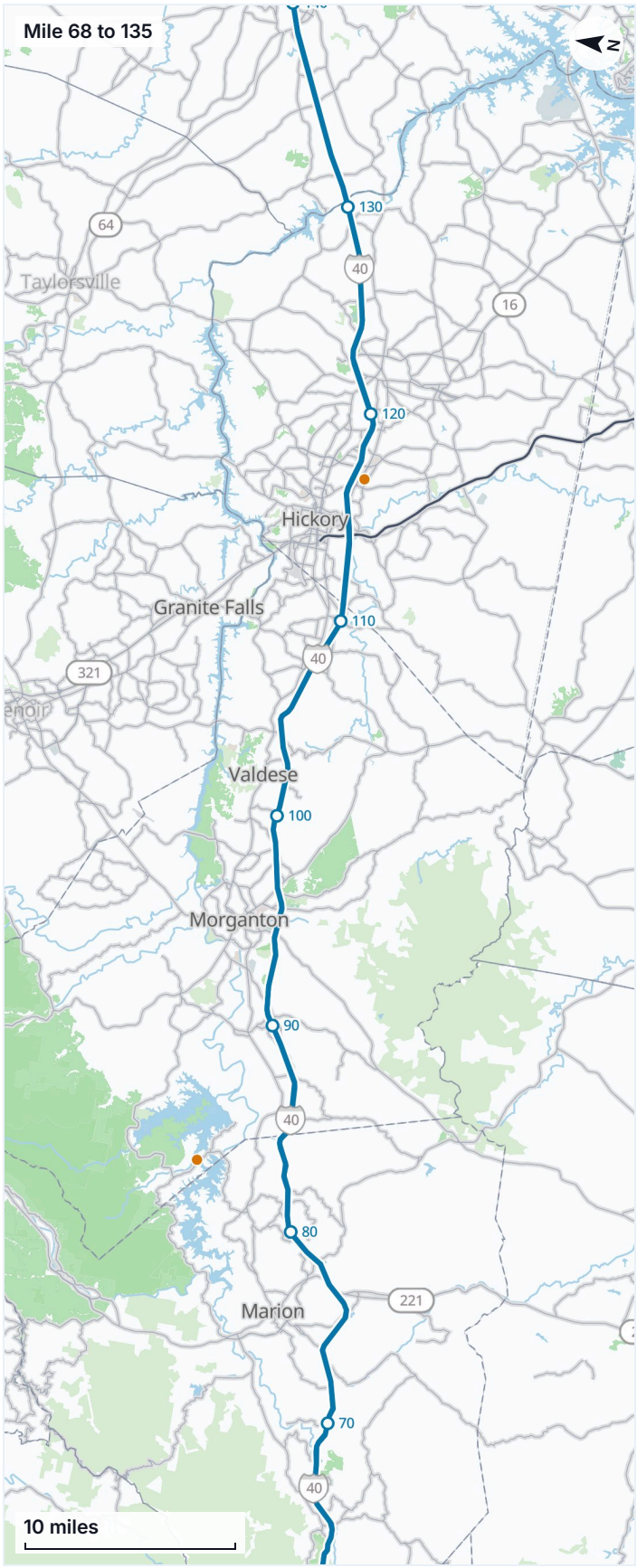
Zoom out: North Carolina Highways map

I-40 is about 406 miles in North Carolina.

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https://visitorfun.com/maps/nc/i-40-in-north-carolina

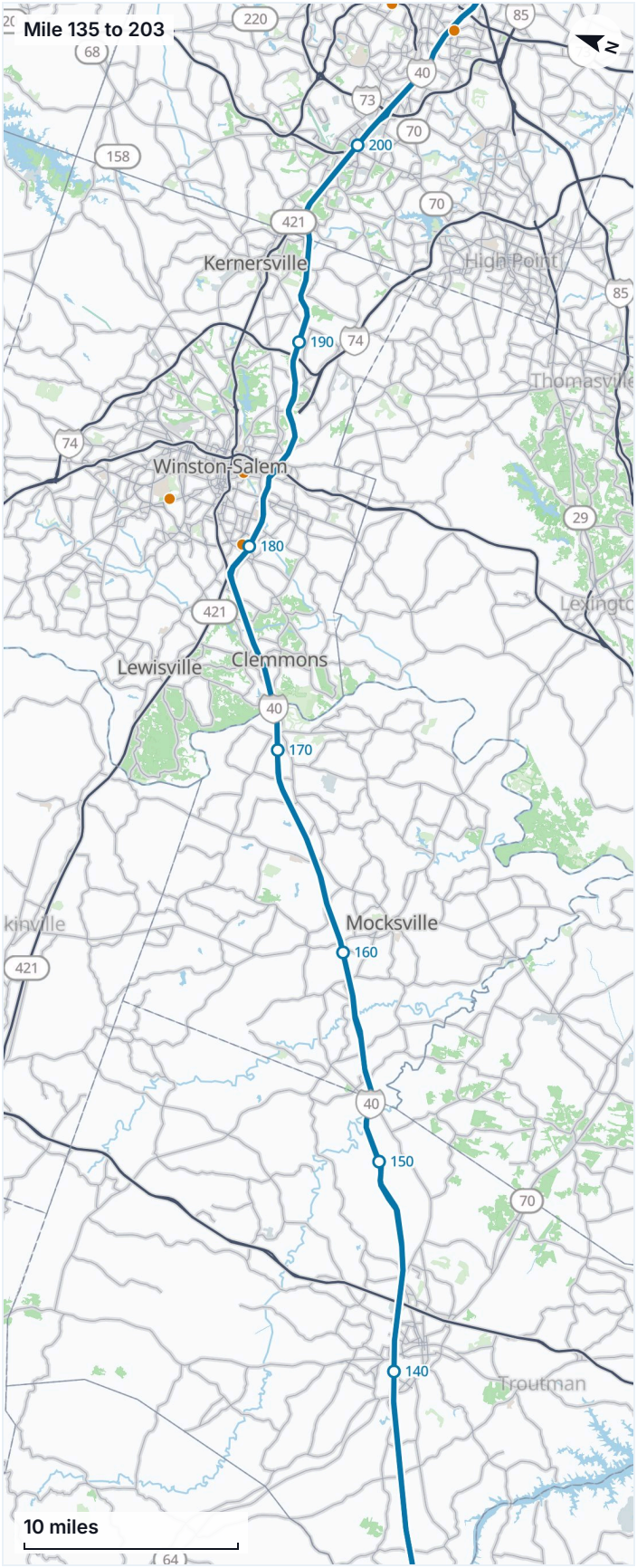
I-40 in North Carolina Map

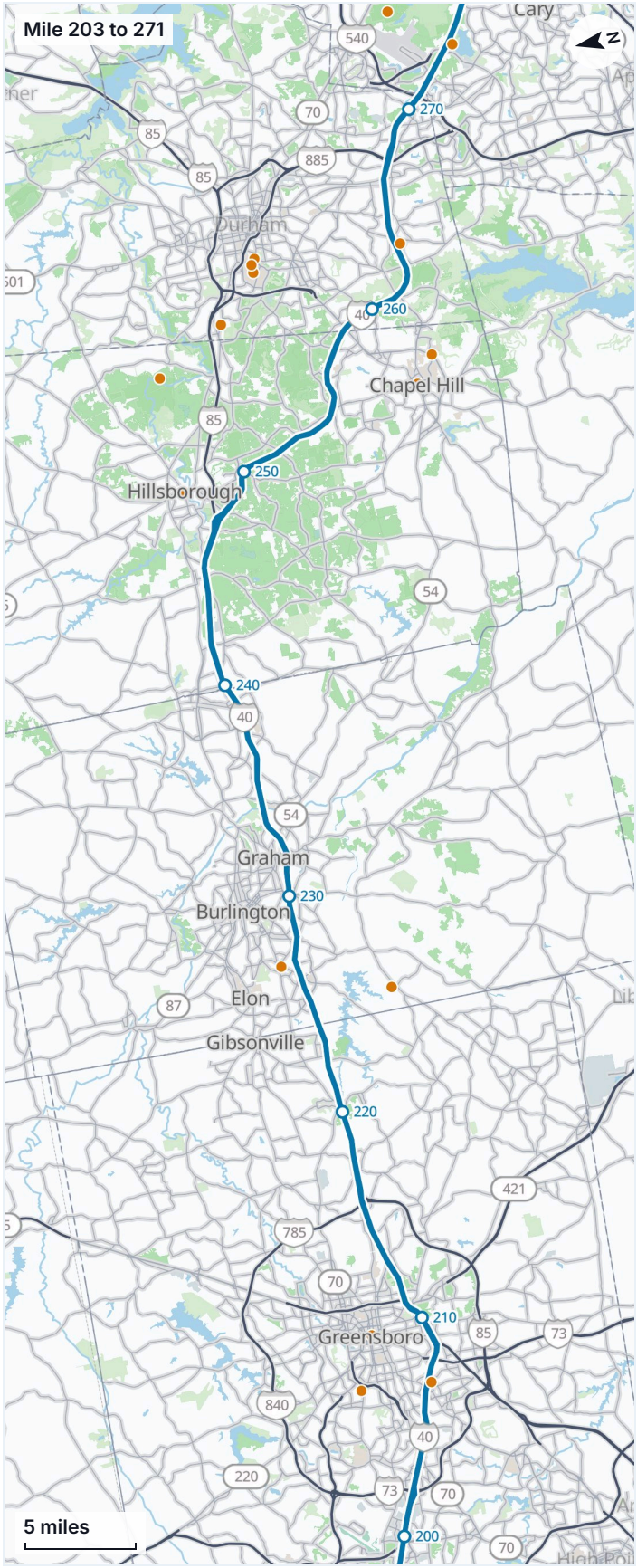




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https://visitorfun.com/maps/nc/i-40-in-north-carolina

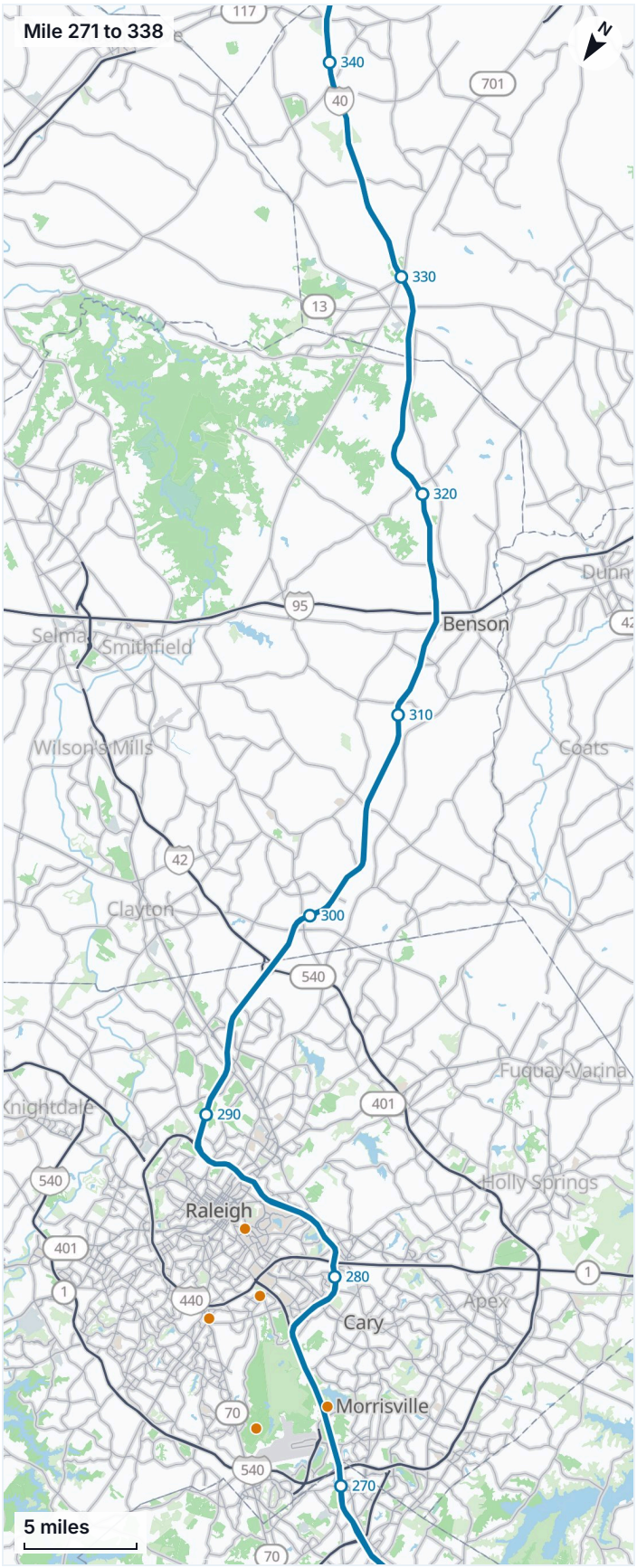
VisitorFun I-40 in North Carolina Map

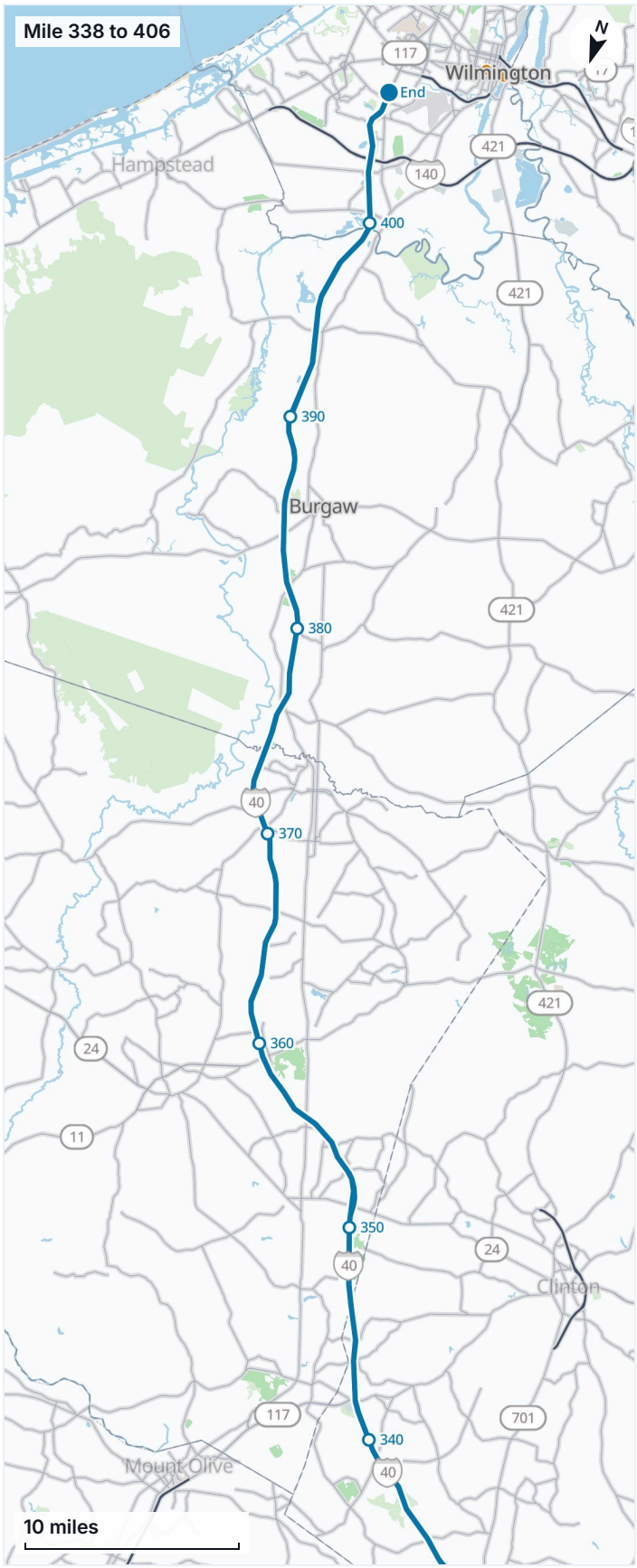




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VisitorFun I-40 in North Carolina Map





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I-40 in North Carolina Map

Mile by mile

Along the road

Miles run from the start marked on the map. The last column is the square on page one.

11 Exit 15	A3	
15 Exit 20	A3	
15 **US 276**	A3	
19 Exit 24	A3	
19 **NC 209**	A3	
20 Lake Junaluska	A3	
22 Clyde	A3	
22 Exit 27	A3	
22 **US 74**	A3	
24 West Canton	A3	
26 Canton	A3	
26 Exit 31	A3	
26 **NC 215**	A3	
28 Exit 33	A3	
28 **US 74**	A3	
31 **US 19**	A3	
31 **US 23**	A3	
32 Exit 37	A3	
37 Asheville	A3	
38 Exit 44	A3	
38 **US 19**	A3	
38 **US 23**	A3	
40 Exit 46B	A3	
40 Exit 31B	A3	
40 Exit 46A	A3	
40 Exit 47	A3	
40 **I-26**	A3	
40 **I-240**	A3	
41 **NC 191**	A3	
43 Biltmore Forest	A3	
44 Exit 50	A3	
44 Exit 50A	A3	
44 Exit 50B	A3	
44 **US 25**	A3	
45 Exit 51	A3	
46 Exit 53A	A3	
46 Exit 53B	A3	
46 Exit 8	A3	
46 **I-240**	A3	
46 **US 74**	A3	
48 Exit 55	A3	
52 Swannanoa	A3	
52 Exit 59	A3	
56 Black Mountain	B3	
57 Exit 64	B3	
57 **NC 9**	B3	
58 Exit 65	B3	
58 **US 70**	B3	
59 Exit 66	B3	
64 Exit 72	B3	
65 Old Fort	B3	
65 Exit 73	B3	
67 Exit 75	B3	
73 Exit 81	B3	
74 West Marion	B3	
74 Marion	B3	
77 Exit 85	B3	
77 **US 221**	B3	
78 Exit 86	B3	
78 **NC 226**	B3	
81 Nebo	B3	
82 Exit 90	B3	
86 Exit 94	B3	
88 Exit 96	B3	
89 Exit 98	B3	
90 Glen Alpine	B3	
91 Morganton	B3	
91 Exit 100	B3	
93 Salem	B3	
94 **US 64**	B3	
95 Exit 103	B3	
95 Exit 104	B3	
97 Exit 105	B3	
97 **NC 18**	B3	
98 Exit 106	B3	
99 Exit 107	B3	
99 **NC 114**	B3	
101 Valdese	B3	
102 Exit 111	B3	
103 Exit 112	B3	
104 Rutherford College	B3	
104 Exit 113	B3	
105 Connelly Springs	B3	
107 Icard	B3	
108 Exit 116	B3	
109 Hildebran	B3	
109 Exit 118	B3	
110 Exit 119A	C3	
110 Exit 119	C3	
110 Exit 119B	C3	
112 Long View	C3	
112 Mountain View	C3	
112 Exit 121	C3	
113 Hickory	C3	
114 Exit 123A-B	C3	
114 **US 321**	C3	
115 Exit 123B-A	C3	
115 **US 70**	C3	
115 **NC 127**	C3	
116 Exit 125	C3	
117 Exit 126	C3	
119 Conover	C3	
120 Newton	C3	
120 Exit 128	C3	
121 Exit 130	C3	
123 Exit 132	C3	
123 **NC 16**	C3	
124 Exit 133	C3	
125 Claremont	C3	
126 Exit 135	C3	
129 Exit 138	C3	
129 **NC 10**	C3	
129 **NC 1717**	C3	
130 Catawba	C3	
135 Exit 144	C3	
137 Exit 146	C3	
139 Statesville	C3	
139 **US 64**	C3	
139 **NC 90**	C3	
141 **NC 115**	C3	
142 Exit 151;152	C3	
142 **US 21**	C3	
143 Exit 151	C3	
143 Exit 51A	C3	
143 **I-77**	C3	
153 Exit 162	C3	
153 **US 64**	C3	
159 Exit 168	C3	
159 **US 64**	C3	
160 Mocksville	C2	
160 **US 601**	C2	
161 Exit 170	C2	
164 Exit 174	C2	
170 Bermuda Run	D2	
171 Exit 180	D2	
171 Exit 180A	D2	
171 Exit 180B	D2	
171 **NC 801**	D2	
172 Clemmons	D2	
172 **US 158**	D2	
173 Exit 182	D2	
174 Exit 184	D2	
176 Winston-Salem	D2	
179 Exit 188	D2	
179 Exit 189	D2	
179 **US 158**	D2	
180 Exit 190	D2	
182 Exit 192	D2	
182 **NC 150**	D2	
182 **NC 67**	D2	
183 Exit 193C	D2	
184 Exit 193A	D2	
184 Exit 107A	D2	
184 Exit 107B	D2	
184 Exit 193B	D2	
184 Exit 195	D2	
184 **I-285**	D2	
184 **US 311**	D2	
184 **US 52**	D2	
184 **NC 8**	D2	
185 **NC 109**	D2	
186 Exit 196	D2	
189 Exit 56A	D2	
190 Exit 198	D2	
190 Exit 201	D2	
191 Kernersville	D2	
193 Exit 203	D2	
193 **NC 66**	D2	
196 High Point	D2	
196 Exit 206	D2	
197 Greensboro	D2	
198 Exit 208	D2	
200 Exit 210	D2	
200 **NC 68**	D2	
201 Exit 211	D2	
201 **US 421**	D2	
202 Exit 212A	D2	
202 Exit 212B	D2	
202 **I-73**	D2	
203 Exit 213	D2	

203	Exit 214A	D2
204	Exit 214B	D2
204	Exit 214	D2
205	Exit 216	D2
207	Exit 217	D2
208	Exit 218A	D2
208	Exit 81A	D2
208	Exit 218B	D2
209	Exit 219	D2
209	Exit 220	D2
210	Exit 221	D2
210	Exit 222	D2
210	**US 29**	D2
210	**US 70**	D2
210	**US 220**	D2
211	Exit 223	D2
211	**US 421**	D2
213	Exit 224	D2
215	Exit 226	D2
216	Exit 21	D2
216	Exit 227	D2
216	Exit 131	D2
216	**I-840**	D2
216	**I-785**	D2
216	**I-85**	D2
219	Sedalia	D2
222	Whitsett	D2
222	**NC 61**	D2
223	Burlington	D2
223	Gibsonville	D2
225	Exit 140	E2
226	Exit 141	E2
228	Exit 143	E2
228	**NC 62**	E2
230	Exit 145	E2
230	**NC 49**	E2
231	Graham	E2
231	Exit 147	E2
232	**NC 87**	E2
233	Exit 148	E2
233	**NC 54**	E2
234	Haw River	E2
234	Exit 150	E2
236	Mebane	E2
237	Exit 152	E2
237	Exit 153	E2
237	**NC 119**	E2
239	Exit 154	E2
242	Exit 157	E2
244	Efland	E2
245	Exit 160	E2
246	Exit 161	E2
247	Hillsborough	E2
247	Exit 163	E2
248	Exit 259	E2
250	Exit 261	E2
251	Exit 263	E2
254	Exit 266	E2
254	**NC 86**	E2
255	Chapel Hill	E2
258	Durham	E2
258	**US 15**	E2
258	**US 501**	E2
259	Exit 270	E2
261	Exit 273	E2
261	Exit 273A	E2
261	Exit 273B	E2
261	**NC 54**	E2
262	Exit 274	E3
262	**NC 751**	E3
264	Exit 276	E3
266	Exit 278	E3
266	**NC 55**	E3
267	Exit 279A	E3
267	Exit 5B	E3
267	**NC 885**	E3
268	Exit 279B	E3
269	Exit 280	E3
269	Exit 281	E3
270	Cary	E3
270	Morrisville	E3
270	Exit 282	E3
270	Exit 283	E3
270	Exit 283A	E3
270	**I-540**	E3
271	Exit 283B	E3
272	Exit 284	E3
273	Exit 285	E3
273	Exit 285A	E3
273	Exit 285B	E3
274	Raleigh	E3
275	Exit 287	E3
278	Exit 289	E3
278	Exit 290	E3
279	Exit 291	E3
279	**NC 54**	E3
280	Exit 293	E3
280	Exit 1B	E3
280	**US 1**	E3
280	**US 64**	E3
283	Exit 295	E3
284	Exit 297	E3
285	Exit 298A	E3
286	Exit 298B	E3
286	**US 70**	E3
286	**US 401**	E3
286	**NC 50**	E3
287	Exit 299	E3
287	Exit 300	E3
288	Exit 300A	E3
288	Exit 300B	E3
289	Exit 301	E3
290	Garner	E3
290	Exit 303	E3
292	Exit 306	E3
293	Exit 306A	F3
293	Exit 306B	F3
293	**US 70**	F3
296	Exit 310	F3
296	**I-42**	F3
297	**NC 540**	F3
298	Exit 309	F3
298	Exit 312A-B	F3
299	Exit 312A	F3
299	**NC 42**	F3
300	Exit 312B	F3
300	Exit 312B-A	F3
305	**NC 210**	F3
306	Exit 319	F3
312	Exit 325	F3
312	**NC 242**	F3
312	**NC 1356**	F3
313	Benson	F3
314	**US 301**	F3
315	Exit 328A	F3
315	Exit 81B	F3
315	Exit 328B	F3
315	**I-95**	F3
320	**NC 96**	F3
321	Exit 334	F3
327	Newton Grove	F3
327	**NC 50**	F3
327	**NC 55**	F3
328	Exit 341	F3
328	**US 13**	F3
330	Exit 343	F3
330	**US 701**	F3
335	Exit 348	F4
342	Exit 355	F4
342	**NC 403**	F4
351	Exit 364	F4
351	**NC 24**	F4
356	Exit 369	F4
356	**US 117**	F4
359	Magnolia	F4
359	Exit 373	F4
359	**NC 903**	F4
365	Rose Hill	F4
366	Exit 380	F4
370	Wallace	F4
370	Exit 384	F4
370	**NC 11**	F4
371	**NC 41**	F4
372	Exit 385	F4
376	Exit 390	F4
376	**US 117**	F4
377	Watha	F4
382	**US 117**	F4
384	**NC 53**	F4
385	Burgaw	F4
385	Exit 398	F4
387	St. Helena	F4
392	Rocky Point	F4
394	Exit 408	F5
394	**NC 210**	F5
399	Castle Hayne	F5
400	Exit 414	F5
401	Skippers Corner	F5
402	Blue Clay Farms	F5
402	Exit 416A-B	F5
403	Murraysville	F5
403	Northchase	F5
403	Exit 416A	F5
403	Exit 416B	F5
403	**I-140**	F5
405	Wrightsboro	F5
405	**US 117**	F5
406	Kings Grant	F5
406	Exit 420B	F5
406	Exit 420	F5
406	**NC 132**	F5

Counties

Haywood County (mile 0)
Buncombe County (mile 31)

Parks and preserves within 5 miles

Angola Bay Gameland
Bobs Creek State Natural Area

McDowell County (mile 60)
Burke County (mile 85)
Catawba County (mile 111)
Iredell County (mile 130)
Davie County (mile 153)
Forsyth County (mile 172)
Guilford County (mile 195)
Alamance County (mile 224)
Orange County (mile 240)
Durham County (mile 258)
Wake County (mile 271)
Johnston County (mile 297)
Sampson County (mile 326)
Duplin County (mile 346)
Pender County (mile 374)
New Hanover County (mile 399)

VisitorFun attractions within 5 miles

Ackland Art Museum
Alamance Battleground
Asheville Art Museum
Battleship North Carolina
Bennett Place State Historic Site
Biltmore Estate
Black Mountain College Museum + Arts Center
Blue Ridge Parkway
Cape Fear Museum
Crabtree
Duke University Chapel
Eno River State Park
Folk Art Center
Four Seasons Town Centre
Friendly Center
Hanes Mall
Holly Hill Mall and Business Center
International Civil Rights Center & Museum
Lake Crabtree County Park
Lake James State Park
Nasher Museum of Art
North Carolina Arboretum
North Carolina Botanical Garden
North Carolina Museum of Art
North Carolina Museum of Natural Sciences
Old Salem Museums & Gardens
Orange County Historical Museum
Pullen Park
Reynolda House Museum of American Art
Sarah P. Duke Gardens
The Streets at Southpoint
Valley Hills Mall
William B. Umstead State Park
Lake James State Park
Martha Sundquist State Forest
William B. Umstead State Park

Maps along the road

Haywood County
Buncombe County
McDowell County
Burke County
Catawba County
Iredell County
Davie County
Forsyth County
Guilford County
Alamance County
Orange County
Durham County
Wake County
Johnston County
Sampson County
Duplin County
Pender County
New Hanover County
Lake Junaluska
Clyde
West Canton
Canton
Asheville
Biltmore Forest
Swannanoa
Black Mountain
Old Fort
West Marion
Marion
Glen Alpine
Morganton
Salem
Valdese
Rutherford College
Connelly Springs
Icard
Hildebran
Long View
Mountain View
Hickory
Conover
Newton
Claremont
Catawba
Statesville
Mocksville
Bermuda Run
Clemmons
Winston-Salem
Kernersville
High Point
Greensboro
Sedalia
Whitsett
Burlington
Gibsonville
Graham
Haw River
Mebane
Efland
Hillsborough
Chapel Hill
Durham
Cary
Morrisville
Raleigh
Garner
Benson
Newton Grove
Magnolia
Rose Hill
Wallace
Watha
Burgaw
St. Helena
Rocky Point
Castle Hayne
Skippers Corner
Blue Clay Farms
Murraysville
and 3 more

Where this is

United States › North Carolina › North Carolina Highways › I-40 in North Carolina

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