

6 MILES OR 12 MILES

Both sides of the Charles River feature multi-use, family friendly bike paths and great views of the river and city skylines. This is a route that keeps you largely out of the streets and on bike paths and lanes.

- On Commercial Street, turn right onto Beverly St, Walk across the Charles River Dam, and ride through Paul Revere Park and North Point park to connect with the Cambridge side of the river.
- Or ride down Causeway Street and turn right onto Lomansey Way to connect with the Esplanade.
- Cross the Harvard Bridge for a shorter route, or continue all the way to Harvard Square on the dotted route.

- II MILES See Boston's best sites on our favorite and most
- popular route. This ride is mostly on streets, but we've engineered it to keep you on roads with bike lanes as much as possible.
- Follow Tour de Boston up the Esplanade. • Walk across the Sherborn Street Bridge into
- Boston University.

TOUR DE CAMBRIDGE

II MILES This tour takes you to the City of Cambridge, Boston's Northern neighbor. Experience the rich history, culture, and diversity in this scholarly city.

• Follow Tour de Boston through North Point. Diverge into MIT after going under the Longfellow Bridge.

15 MILES

Frederick Law Olmsted designed this system of parks and green space in the late 1800's to allow Bostonians to escape the 'bustle and jar' of city streets. This longer route has some minor hills, but is largely along bike paths. An easy route that requires a little endurance.

- Follow the City View route until Back Bay Fens. • From Jamaica Pond, take Arborway to the
- Arboretum and Forest Hills. Take the Southwest Corridor from Forest Hills to
- reconnect with the city view route.

Cruise through South Boston and relax by the Harbor at Castle Island. This is a great ride through a very low traffic area with lots of path riding.

- From the Rose Kennedy Greenway, take Summer St.
- across Fort Point Channel.
- Summer St. becomes L Street. • Take a left at Boston Harbor for Castle Island, right
- for John F. Kennedy Museum. • To return, take East Broadway back to L Street.
- After crossing the channel, turn right onto Drydock Avenue, and return along the Harbor Walk for the most scenic ride.
- 12 MILES TO ALEWIFE, 11 MILES FROM ALEWIFE TO BEDFORD
- Enjoy the Bay State's most popular rail-trail for serious early morning rides or for its family friendly path and historical significance.
- Follow Tour de Boston to Harvard Square.
- Follow signs on Memorial Drive and John F. Kennedy Street for Alewife, or take Massachusetts Avenue or take the Red line T to the Alewife stop.
- Follow path north of Alewife to reach Minuteman Trail Head in Arlington.

