CREATE A 3- EGG OMELET

FARM FRESH 3-EGG OMELET ... \$2.99 **LOW FAT EGG WHITE OMELET \$3.99 CHEESE CHOICES** American, Cheddar, Mozzarella, Goat, Feta, Pepper Jack, Swiss, Bleu Cheese, Münster, Fundido Cheese Sauce, Provolone, Sun **Dried Tomato Cheese** EXTRAS Fresh Avocado \$1.29 Egg Beaters .99 MEAT CHOICE....EACH\$1.89 Kielbasa, Bacon, Canadian Bacon, Crumbled Sausage, Diced Ham, Gyro Meat, Turkey Links, Grilled Chicken Strips, Chorizo Sausage, Turkey Bacon, Deli Turkey VEGETABLE CHOICE.... \$.89

Asparagus, Broccoli, Spinach, Green Peppers, Hot Peppers, Red or Yellow Peppers, Mushrooms, Onions, Black Olives, Carrots, Portobello Mushrooms, Banana Peppers, Jalapeno Peppers

X A 3-EGG OMELET

SERVED WITH TOMATO SLICES SANTA FE OMELET \$7.69

.... \$7.59

.. \$7.99

Grilled chicken, black and corn bean salsa, salsa, black olives and cheddar and mozzarella cheese
VEGGIE OMELET

An egg beater omelet with tomatoes, green peppers, onions, mushrooms and

mozzarella cheese
WESTERN OMELET ... \$7.29

Diced ham, green peppers, onions and American cheese.

CHICKEN CORDON BLEU \$7.89

Grilled chicken strips, diced ham, swiss cheese topped with bleu cheese and diced tomatoes.

CALIFORNIA OMELET\$7.69

Spinach, asparagus, mushrooms and provolone cheese

PICA DE GALLO . \$7.89

Chorizo sausage, black and corn bean salsa, black olives, portobello mushrooms topped with jalapenos cheese and jalapenos.

OVER THE BORDER

Ham, bacon, sausage, mushrooms, tomatoes and onions with cheddar cheese & side salsa

ADD GLUTEN FREE TOAST ...\$.69 WHITE, 12-GRAIN, DELI RYE OR CINNAMON RAISIN

MEDITERRANEAN CHICKEN \$7.69 Grilled chicken, tomatoes, black olives, onions, mediterranean sun dried tomato feta cheese, and tzatziki sauce.

SPICY OMELET \$7.89

Chorizo Sausage, hot peppers, banana peppers, bacon, tomatoes, pepper jack cheese and jalapeno cheese sauce

TURKEY AVOCADO \$7.79

Fresh turkey, avocado, tomatoes, onions and feta cheese

SPINACH OMELET \$7.79

Spinach, tomatoes, onions, mushrooms, & feta cheese.



GENTAL SECOND S

ONE EGG	\$4.29
Sausage links or bacon	
TWO EGGS	\$5.69
Sausage links or bacon	
THREE EGGS	\$6.39
Sausage links or bacon	
OLD WILLED	

OLD TIMER \$7 Two eggs, hash brown or home fries, and a pancake

SUNRISE \$7.59

.. \$7.79

Two eggs, choice of bacon or sausage links, choice of home fries or hash browns FAVORITE

Two eggs, choice of bacon or sausage links and two pancakes and no toast

6 OZ FLAT IRON STEAK N \$9.99 EGGS Served with two eggs and hash browns or home

12 OZ STRIP STEAK & EGGS . \$17.99 Strip Steak, two eggs, hash browns or home fries



OFF THE GRIDDLE

GLUTEN FREE PANCAKES

Yum! (1)..\$2.99 (2)..\$5.89

BLUEBERRY

(1)..3.29 (2).. 6.59

CHOCOLATE CHIP

(1)..\$3.29 (2)..\$6.59

GLUTEN FREE BANANA
Filled with fresh bananas,
walnuts, topped with fresh
strawberries and powdered

sugar

BLUE HAWAIIAN

Filled with coconut and blueberries, topped with pineapple and powdered sugar

STUFFED FRENCH TOAST \$7.

..... \$7.29

French toast filled with our strawberry cream cheese, fresh strawberries, banana's and blackberries, with cinnamon glaze

FUJI APPLE STUFFED FRENCH \$7.29 TOAST Stuffed with Fuji

Apples and bananas in a apple
cream cheese and finished with
cinnamon glaze. WE CAN ALSO MAKE THE STUFFED
TOAST OUT OF MINI GLUTEN FREE
PANCAKES

ALA CARTE

HASH BROWNS...\$2.79
HOME FRIES......\$2.79
REDSKINS......\$3.29
COUNTRY HAM...\$3.29
CANADIAN BACON...\$3.29
BACON......\$2.89
TURKEY BACON...\$2.89
TURKEY LINKS...\$2.89
TURKEY LINKS...\$2.99
FRESH FRUIT CUP...\$3.59
FRESH FRUIT BOWL...\$4.89

GLUTEN FREE OATMEAL CUP...\$2.79...BOWL....\$3.29 CHOICE OF FRESH FRUIT...\$1.29 A TWO COMBINATION FRUIT...\$1.99

BREAKFAST SANDWICH....\$4.39 EGG AND CHEESE, ADD CANADIAN BACON OR BACON ...\$1.29

SIDE GLUTEN FREE HOLLANDAISE



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gluten free

CHOICE OF GLUTEN FREE BREAD: WHITE, 12-GRAIN, DELI RYE OR CINNAMON RAISIN ENGLISH ADD....\$.69

SANDWICHES

SOURMET SALADS ALBACORE TUNA MELT \$9.29 ASIAN SWEET CHILL \$8.29 Albacore Tuna Salad grilled Grilled fajita chicken in a sweet with american cheese and chili sauce, carrots, tomatoes, tomatoes goat cheese, red and yellow CORNED BEEF REUBEN Old \$9.39 peppers world quality with a "Kosher Flavor" our corned beef is slow **CARIBBEAN SALAD**\$8.29 roasted then shaved with swiss Teriyaki chicken, red and cheese, kraut & thousand yellow peppers, red onion, island. carrots, pineapple, mandarin **PORTABELLA SPINACH MELT \$8.99** oranges & mozzarella cheese Spinach, portabella, tomatoes, **CHICKEN AN BELLA** \$8.29 red onions, sun dried tomato Grilled fajita chicken, portabella feta, mozzarella cheese, cusabi mushrooms, fresh broccoli, mayo diced tomatoes and mozzarella SPINACH TOMATO MELT **HAM AND TURKEY** Grilled sour dough, sun dried Topped with egg, tomatoes, tomato feta, mozzarella cheese, turkey and ham, mozzarella and

RASPBERRY CHICKEN Grilled \$8.29 fajita chicken strips, bacon in raspberry vinaigrett & bleu cheese, strawberries, pineapple, tomatoes and mozzarella

cheddar

SAMANTHA'S SALAD Grilled ... \$8.29 fajita chicken, cheddar, tomatoes, diced egg, red onion and sliced avocado

CRAN RAISIN CHICKEN \$8.29 Grilled fajita chicken, tomatoes, feta cheese, cran raisins, honey bacon & pecans

SANTA FE CHICKEN Grilled chicken strips with corn and black bean salsa, black olives, salsa, finished with mozzarella & cheddar

TUSCAN SALAD \$8.29 Grilled fajita chicken, sun-dried tomato feta cheese, cucumbers, black olives, tomatoes

STUFFED WEDGERS...\$6.89

> BABY HEAD OF ICEBERG LETTUCE FRESH FRUIT Strawberries. pineapple, mandarin oranges, blueberries & cran raisins SANTA FE Black and corn bean salsa, cheddar, black olives & salsa, spicy ranch dressing. THE WEDGE

Diced eggs, tomatoes, honey bacon and pecans, topped with bleu cheese STUFFER Choice of albacore tuna, chicken walnut with egg and tomato & mozzarella

..... \$8.99 with fresh spinach and tomatoes.

TURKEY REUBEN \$9.39 Grilled turkey breast sauerkraut, with thousand

island dressing, swiss cheese **MEXICAN GRILL** Grilled avocado, portobello

mushrooms, pico de gallo, red onion, cheddar and pepper jack, fresh cilantro

> CHOICE OF SIDES FOR **GLUTEN FREE SANDWICHES**

HASH BROWNS HOME FRIES CUP GLUTEN FREE SOUP REDSKINS BROCCOLI GREEN BEENS GRILLED ASPARAGUS - UP CHARGE **VEGETABLE MEDLEY COTTAGE CHEESE COLESLAW APPLE SAUCE STEAK HOUSE** POTATO SALAD **DINNER SALAD SWEET POTATO FF BAKED POTATO CUP FRESH FRUIT - UP CHARGE**

THIS MENU AND INFORMATION ON IT IS PROVIDED BY SAMANTHA'S RESTAURANT IN COOPERATION WITH GLUTEN INTOLERANCE GROUP (GIG) AS A SERVICE TO OUR CUSTOMERS

SAMANTHA'S RESTAURANT AND GIG
ASSUME NO RESPONSIBILITY FOR ITS USE AND
INFORMATION. PATRONS ARE ENCOURAGED
TO THEIR OWN SATISFACTION, TO CONSIDER
THIS INFORMATION IN THE LIGHT OF THEIR
INDIVIDUAL REQUIREMENTS AND NEEDS

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SPECIALITIES ADD ...\$,69 FOR GLUTEN FREE HOLLANDAISE SAUCE AND CHOICE OF GRILLED GLUTEN FREE BREAD

CALIFORNIA BENEDICT\$7.89 Spinach, asparagus, portobello mushroom, diced red onion and feta cheese **REUBEN BENEDICT**\$8.29 Grilled rye with corn beef and swiss, topped with basted eggs and hollandaise **EGGS BENEDICT** \$7.39 Canadian bacon and tomato **SOUTHWESTERN BENEDICT** \$7.79 Grilled chicken, black and corn bean salsa and mozzarella cheese topped with two basted eggs and hollandaise sauce. Served with side of salsa SPINACH N ASPARAGUS \$8.29 BENEDICT Boars head bacon

asparagus TURKEY BACON BENEDICT ... \$7.99 Natural cherry wood smoked uncured turkey bacon and tomatoes

EGGS FRANCISCO \$8.49 Bacon, avocado and pico de gallo finished two basted eggs. Topped with a jalapeno hollandaise sauce and fresh chives

and grilled spinach and

FARMERS SCRAMBLER\$7.89 Rosemary redskins, bacon,

spinach, with feta and mozzarella cheese, topped with scrambled eggs and tomatoes, finished with hollandaise sauce

DENVER SCRAMBLER ... \$7.79 Hash browns with ham, green

peppers, onions, topped with scrambled eggs, American cheese, and hollandaise.

CHORIZO SCRAMBLER .. \$7.99

.. \$4.69

Hash browns with chorizo sausage, mushrooms, corn bean salsa with mozzarella and pepper jack cheese, scrambled eggs and jalapeno cheese sauce

GERMAN FRIES....HOME FRIES, EGGS choice of cheese: American, mozzarella, cheddar, feta, goat cheese münster, jalapeno cheese sauce, swiss, bleu cheese, pepper jack..\$0.99 Choice of each item for additional \$0.69 (bacon, red or yellow peppers, tomatoes, ham, onions, green peppers, mushrooms or banana peppers and sausage Available for up charge)

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GLUTEN FREE STYLE

JUST WRAP IT ADD ...\$.39 FOR PLAIN WRAP

ASIAN GINGER CHICKEN\$6.29 WRAP Grilled fajita chicken, red & yellow peppers, broccoli, portabella mushrooms, goat cheese and Asian ginger sauce

..... \$6.29

.....\$6.39

AWESOME VEGGIE

Red and yellow peppers, cucumber, red onions, tomatoes, mushrooms and broccoli with mozzarella side of avocado ranch

RIO CHICKEN WRAP

Grilled fajita chicken strips, lettuce, red & yellow peppers, sun-dried tomatos, spicy ranch, hot peppers and cheddar and muenster cheese.

SWEET CHILI CHICKEN Grilled \$6.39

fajita chicken strips, lettuce, tomatoes, red bell peppers, and carrots in sweet chili sauce with mozzarella cheese

TURKEY AVOCADO \$6.39

Smoked turkey and spinach, avocado, tomatoes, cusabi mayo, mozzarella and feta

CHICKEN BROCCOLI \$6.29

Grilled fajita chicken strips, fresh broccoli, tomatoes, topped with cheddar cheese served with avocado ranch

CAPRESE WRAP \$6.39

Fresh mozzarella cheese, tomatoes, spinach, avocado and fresh basil, with a balsamic reduction

RED ROOSTER Grilled BBQ \$6.39

chicken strips, wild rice, red onion, pineapple, topped with pepper jack cheese and mozzarella with romaine lettuce

APPETIZER

SPINACH AND ARTICHOKE \$7.99

DIP served with tortilla chips

CAPRESE SALAD....\$5.99 FRESH BAIL, TOMATOES AND MOZZARELLA WITH BALSAMIC VINEGAR GLAZE

GLUTEN FREE DESSERT



CHOCOLATE NUT CAKE TORTA MADE WITH NUTELLA

DINNERS

6 OZ USDA CHOICE SIRLOIN \$9.99 **STEAK** 8 OZ BLACKEN MAHI \$13.99 8 OZ SALMON FILET \$13.99



10 OZ BROILED SCROD \$12.99

12 OZ STRIP STEAK Choice of \$17.99 Potato and Dinner Salad



THE DINNERS ABOVE INCLUDES **CHOICE OF POTATO AND DINNER SALAD** SMOTHERED CHICKEN\$14.99

Chicken Breasts, grilled onions, mushrooms, spinach, pepper jack cheese, choice of potato and vegetable

STUFFED PEPPER

.....\$9.29 From Scratch---Red or yellow peppers stuffed and baked in a tomato based sauce

10 OZ BONE IN PORK CHOP . \$14.99

Redskin potatoes and grilled



1/2 RACK RIBS ST LOUIS \$12.99 STYLE IN OUR OWN

BARBECUE Served with

french fries, coleslaw & Fuji apples

1/2 RACK OF RIBS & BBQ \$17.99

CHICKEN BREAST Served with french fries, coleslaw & Fuji apples

FULL RACK RIBS Served with ... \$17.99 french fries, coleslaw and Fuji

GLUTEN FREE CHOICE: 12-GRAIN, DELI RYE, WHITE **OR CINNAMON RAISIN** ADD.....\$.69 **BURGER BUN....\$.99**

BURGER STYLE

SWAP YOUR BURGER FOR A CHICKEN BREAST

HAM CHEESEBURGER Topped .. \$9.69

with shaved ham and Swiss cheese, tomato and red onion.

TERIYAKI PINEAPPLE

Teriyaki sauce, pineapple and mozzarella cheese, red onion and tomato.

THE BROOKLYN REUBEN \$9.89

Slow roasted corned beef. sauerkraut, swiss cheese, thousand island and a juicy burger...

GREEK BURGER Topped with \$9.49 gyro meat, black olives, feta with tomato, lettuce and tzatziki

SWISS MUSHROOM MELT \$9.49

Portabella mushrooms, grilled onions, swiss & horseradish sauce

BLEU MUSHROOM Grilled \$9.49 portabella, bleu cheese crumbles, lettuce and tomato

> SANDWICH COMES WITH **CHOICE OF SIDE**

ALL SALAD DRESSINGS ARE GLUTEN FREE EXCEPT **BLUEBERRY AND PEAR** VINAIGRETTE

AFTER DINNER DRINKS

KAHLUA AND COFFEE

DISARONNO AMARETTO ON THE ROCKS

GRAND MARNIER STRAIGHT UP

GLUTEN FREE BEER

WOOD CHUCK RED BRIDGE

ASK YOUR SERVER ABOUT OUR COKE BEVERAGES AND TEAS

FREE REFILL ON SOFT DRINKS. **COFFEE, AND TEA**

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