



BREAKFAST

Substitute egg whites with any scrambler or breakfast sandwich

BREAKFAST ENTREES

Scramblers are made-to-order and served with harvest toast (170 cal) & oven-roasted breakfast potatoes (140 cal) or fresh fruit (70 cal)

ANAHEIM SCRAMBLER **6.99**
Eggs scrambled with crisp applewood smoked bacon, tomatoes, green onions and cheddar cheese, topped with avocado. (440-590 cal)

ALL AMERICAN SCRAMBLER **6.69**
Freshly scrambled eggs served with applewood smoked bacon. (240-400 cal)

FARMER'S SCRAMBLER **6.89**
Eggs scrambled with peppers, mushrooms, onions and cheddar cheese. (220-370 cal)

Substitute CHICKEN APPLE SAUSAGE (140 cal) FOR BACON (160 cal) .30

SCRAMBLED EGG SANDWICHES BREAKFAST PANINI

Add A SIDE OF STEEL-CUT OATMEAL WITH BROWN SUGAR (130 cal), FRESH FRUIT (70 cal) or OVEN-ROASTED POTATOES (140 cal) ~ 1.00

ANAHEIM PANINI **4.89**
Eggs, bacon, tomatoes, green onions, avocado and cheddar cheese grilled on sourdough. (480-550 cal)

SMOKED BACON & CHEDDAR PANINI (510-580 cal) **3.99**
Eggs, applewood smoked bacon and cheddar cheese grilled on sourdough. (510-580 cal)

..... POWER PANINI THINS

Scrambled eggs or egg whites with Parmesan & cheddar cheese on thinly sliced whole grain harvest toast.

Add A SIDE OF STEEL-CUT OATMEAL WITH BROWN SUGAR (130 cal), FRESH FRUIT (70 cal) or OVEN-ROASTED POTATOES (140 cal) ~ 1.00

APPLEWOOD SMOKED BACON (310-390 cal) **3.59**

AVOCADO & SPINACH (250-330 cal) **3.29**

CHICKEN APPLE SAUSAGE (280-350 cal) **3.59**

OATMEALS & YOGURT

Oatmeals served with a homemade raisin pecan sweet crisp (150 cal)

STEEL-CUT OATMEAL **3.99**
Whole grain, steel-cut oatmeal topped with your choice of currants, dried cranberries, brown sugar, toasted walnuts and almonds. (160-350 cal)

CHILLED SWISS OATMEAL **3.99**
Our European muesli made with low fat yogurt, rolled oats, green apples, bananas, currants, cranberries and skim milk. (350 cal)

FRESH BERRY & YOGURT PARFAIT **3.89**
Crunchy granola, low fat vanilla yogurt and fresh seasonal berries. (390 cal)

FRESH SALADS

Served with a freshly baked focaccia roll (100 cal)

Signature HAND-TOSSED SALADS

CAFE / ENTREE

CAFE / ENTREE

CHOPPED SALAD 7.79/8.79

All-natural chicken, bacon, avocado, bleu cheese, tomatoes and green onions with iceberg and romaine lettuce and sweet and spicy vinaigrette. (390 / 760 cal)

SANTA FE RANCH 6.99/7.99

All-natural chicken, roasted corn and tomato salsa and cheddar cheese tossed with iceberg and romaine lettuce, ranch dressing and tortilla strips. (410 / 780 cal)

SPINACH SWEET CRISP 6.79/7.79

Spinach, strawberries, oranges, grapes, cranberries, green onions and creamy goat cheese with raisin pecan sweet crisps and homemade pomegranate vinaigrette. (240 / 470 cal)

ASIAN WONTON 7.59/8.59

All-natural chicken, edamame, tomatoes, cucumbers, peppers, carrots, green onions, cilantro and crispy wontons with mixed greens, cabbage and ginger soy dressing. (250 / 480 cal)

HARVEST SALAD 7.29/7.99

With ALL-NATURAL CHICKEN 7.99/8.89

Green apples, toasted walnuts, bleu cheese and currants, tossed with mixed greens, balsamic vinaigrette and harvest crisps. (400 / 750 cal; 460 / 860 cal with chicken)

CAESAR SALAD 5.79/6.89

With ALL-NATURAL CHICKEN 6.29/7.29

Crisp romaine lettuce, shredded Parmesan and Romano cheeses and homemade spicy croutons with our classic Caesar dressing. (350 / 700 cal; 410 / 810 cal with chicken)

HOMEMADE Specialty SALADS

The TRIO

Create your own handcrafted favorite.

Your choice of three freshly made Specialty Salads, with field greens. (235-805 cal) 7.49

Cup of homemade soup, two Specialty Salads and field greens. (305-945 cal) 7.99

***New!* TOASTED SESAME KALE 3.69**

Fresh kale, shredded carrots and toasted sesame seeds with ginger soy dressing. (110 cal Trio / 170 cal Side)

***New!* QUINOA & PICO SALAD 3.69**

Quinoa, corn, black beans, tomatoes, jalapenos, onions and cilantro in a zesty lime vinaigrette. (110 cal Trio / 160 cal Side)

***New!* SOUTHWEST AVOCADO 3.69**

Fresh avocado, roasted corn and tomato salsa and tortilla strips. (220 cal Trio / 400 cal Side)

D.C. CHICKEN SALAD 4.49

All-natural chicken, green apples, currants, red onions, celery, mayo and toasted almonds. (250 cal Trio / 370 cal Side)

TUNA SALAD 4.79

Tuna, celery, red and green onions and mayo with hints of Dijon mustard and basil. (260 cal Trio / 380 cal Side)

ASIAN EDAMAME SALAD 3.69

Edamame, tomatoes, cucumbers, peppers, carrots, green onions, basil and cilantro in ginger soy dressing. (90 cal Trio / 140 cal Side)

CAVATAPPI PASTA SALAD 3.69

Roasted tomatoes, Asiago cheese, basil, roasted garlic and arugula in white balsamic dressing. (150 cal Trio / 230 cal Side)

MOZZARELLA TOMATO ARUGULA 3.69

Marinated tomatoes, fresh mozzarella, arugula and basil with lemon garlic dressing. (160 cal Trio / 240 cal Side)

SEASONAL FRUIT MEDLEY (70 cal Trio / 100 cal Side) 3.69

CAESAR SALAD (200 cal) 3.49

MIXED GREENS SALAD (110 cal) 3.49

SOUP & CHILI

Cups & bowls served with a freshly baked focaccia roll (100 cal)

HOMEMADE SOUPS

Our hot and hearty soups are a perfect addition to any meal.

CUP 3.99 BOWL 4.99

BREAD BOWL Add 1.69

(140-400 cal/cup; 210-620 cal/bowl; add 1,040 cal/bread bowl)

BIG AL'S CHILI

Our secret recipe topped with sharp cheddar cheese.

CUP 4.99 BOWL 5.99

BREAD BOWL Add 1.69

(380 cal/cup; 590 cal/bowl; add 1,040 cal/bread bowl)

Corner COMBOS

SANDWICH *or* PANINI COMBO

1/2 Sandwich or Panini with Caesar Salad,
Mixed Greens, Mac & Cheese or Cup of Soup.

With Mom's Sandwich ~ 6.99

With Signature Sandwich or Panini ~ 7.99

(320-800 cal – side items not included)

SIGNATURE SALAD COMBO

Your choice of any Cafe Sized Signature
Hand-Tossed Salad with a Cup of Soup. ~ 8.39

(380-860 cal – side items not included)

PASTA COMBO

Your choice of a Cafe Sized Hearty Pasta with
Caesar Salad or Mixed Greens. ~ 7.99

(390-820 cal – side items not included)

SUBSTITUTE BIG AL'S CHILI (380 cal) FOR SOUP ~ 1.00

SIGNATURE SANDWICHES

Sandwiches served with a pickle (5 cal) and bakery chips (150 cal) or baby carrots (35 cal)

Substitute CAESAR SALAD (200 cal) or MIXED GREENS (110 cal) FOR CHIPS ~ 1.49

CHICKEN PESTO ON CIABATTA FICELLE 7.99

All-natural chicken, arugula and tomatoes with our sweet and spicy
vinaigrette and pesto mayo. (600 cal)

UPTOWN TURKEY ON HARVEST TOAST 7.89

Smoked turkey, applewood smoked bacon, avocado, lettuce, tomatoes and mayo. (720 cal)

D.C. CHICKEN SALAD ON STEAKHOUSE RYE 6.99

All-natural chicken, apples, currants, onions, celery, mayo and almonds with lettuce and tomatoes. (620 cal)

HAM OR TURKEY PRETZEL ON PRETZEL BREAD 7.59

Shaved red onions, tomatoes, caraway Havarti cheese and stoneground mustard-mayo. (670 / 630 cal)

TOMATO MOZZARELLA ON CIABATTA FICELLE 6.99

Roasted red peppers, arugula and basil with balsamic vinaigrette. (620 cal)

..... MOM'S SANDWICHES

With leaf lettuce, tomatoes and country Dijon mustard (10 cal) or mayo (90 cal)

TUNA SALAD ON HARVEST (620 cal) 6.99 GRILLED CHICKEN ON HARVEST (500 cal) 5.99

SMOKED TURKEY ON HARVEST (450 cal) 5.99 SMOKED HAM ON MOM'S WHITE (410 cal) 5.99

GRILLED PANINI

Hot grilled sandwiches served with a pickle (5 cal)
and bakery chips (150 cal) or baby carrots (35 cal)

Substitute CAESAR SALAD (200 cal) or MIXED GREENS (110 cal) FOR CHIPS ~ 1.49

CHICKEN POMODORI ON SOURDOUGH 7.99

All-natural chicken, fresh basil and spinach, oven-roasted tomatoes
and provolone cheese with pesto mayo. (760 cal)

CLUB PANINI ON SOURDOUGH 7.89

Hickory smoked turkey breast, applewood smoked bacon,
white cheddar cheese and plum tomatoes with a touch of mayo. (780 cal)

CALIFORNIA GRILLE ON WHOLE GRAIN HARVEST 6.99

A mixture of grilled zucchini, marinated artichoke hearts, roasted tomatoes and
pesto with fresh spinach and provolone cheese. (660 cal)

HEARTY PASTAS

Served with toasted garlic bread (120 cal)

Add CAESAR SALAD (200 cal) or MIXED GREENS (110 cal) ~ 1.49

CAFE / ENTREE

PESTO CAVATAPPI 7.59/8.59

All-natural chicken and cavatappi pasta tossed in our rich
pesto cream sauce, sprinkled with toasted bread crumbs. (600 / 1,080 cal)

CHICKEN CARBONARA 7.59/8.59

All-natural chicken, applewood smoked bacon, spring peas and linguine
in our creamy carbonara sauce, topped with toasted bread crumbs. (620 / 1,010 cal)

CAVATAPPI WITH MARINARA 6.29/6.99

A delicious dish of cavatappi pasta with our vegetarian marinara sauce. (280 / 470 cal)

MAC & THREE CHEESE (530 / 820 cal) 6.49/7.49

With APPLEWOOD SMOKED BACON & TOMATOES (610 / 980 cal) 6.99/7.99

Pipette pasta tossed with a blend of three cheeses, topped with toasted bread crumbs.

KIDS' MENU

Selections Include

SCRAMBLED EGGS *with* BACON

KIDS' COMBO

Half sandwich paired with a small soup

SANDWICHES

TURKEY, HAM, GRILLED CHEESE, PEANUT BUTTER & JELLY

MAC & CHEESE

NOODLES & SAUCE

See full Kids' Menu for more options and fun activities

