

GET STARTED

The 3 Dune Challenge is a self-guided trail at **Indiana Dunes State Park, 1600 N. 25 East, Chesterton, IN 46304**. Enter the park and follow signs to the Nature Center. The trail is marked and you can conquer it any day of the year.

Do it
any day of
the year!



The 3 DUNE Challenge

GO VERTICAL

I Conquered
The 3 DUNE
Challenge

REWARD YOURSELF

After you conquer the challenge, buy a 3 Dune Challenge shirt or hoodie and pick up a free sticker and postcards from the

Indiana Dunes Visitor Center, 1215 N. State Road 49, Porter, IN 46304. This is about one mile south of the state park.



Picture Perfect

Snap a photo at the top of each dune, then tag [@indianadunes](#) and use [#3DuneChallenge](#) so we can like and share our favorites.

REMEMBER TO BRING

- Running or hiking shoes
- Plenty of water
- Bug spray
- Snacks
- Camera

Indiana
Dunes
TOURISM

www.IndianaDunes.com

DNR
INDIANA DEPARTMENT
OF NATURAL RESOURCES

FRIENDS OF
INDIANA DUNES



Indiana
Dunes
Beaches & Beyond



The 3 DUNE Challenge

Challenge yourself, your friends and your family to climb the three tallest sand dunes at Indiana Dunes State Park. The 1.5-mile challenge trail is the toughest in the park, with 552 vertical feet to climb. The reward: breathtaking views and the title of dune conqueror.

ILLINOIS

Chicago

Chesterton

INDIANA

Trail number

3 Dune Challenge loop (1.5 miles)

Optional return trail (.4 miles)

Mt. Holden

184 feet

Mt. Jackson

176 feet

Mt. Tom

192 feet

Continue to pavilion (.5 miles)



N

Campground

START/FINISH
Nature Center

GO CASUAL...

Hiking up the three highest sand dunes isn't easy, but can be fun for all ages. Grab your friends and family and head out for an outdoor adventure you can each do at your own pace.

- Walk it
- Go solo
- Bring a group
- Bring your pet
- Stop for photos

Share your experience!
#3DuneChallenge
www.indianadunes.com/3dc

...OR GO EXTREME

If your idea of fun is running up the stairs of a skyscraper or doing a marathon, try The 3 Dune Challenge trail with its towering sand dunes. And if you still want more, do the flip trip – running the trail from the finish to the starting point.

- Run it
- Race a friend
- Set a personal record each run
- When done, run back the way you came

