



Lunch 11:00 am – 5:00 pm

Milk Shakes

Pleasantly flavorful milk shakes 4.95

French Vanilla Swiss Chocolate Wild Strawberry Coconut Cream

For the 21+ crowd, turn your milk shake into a Shake Tail 9.95

Coconut Pina Colada Baileys Irish Cream Kahlua Coffee
Disaronno Almond Cream Nutty Frangelico Godiva Dark Chocolate
Limoncello Crème Grand Marnier Creamsicle

Soups

Baked French Onion Soup - A piping-hot bowl filled with caramelized onions and sherry, with layers of cheese, crostini & fresh scallions and baked to a golden brown. 6.50

New England Lobster Bisque - A rich blend of creamy bisque topped with fresh lobster and brandy whipped cream. 7.95

Soup of the Day 4.95

Appetizers

XL Wings - Extra-large chicken wings with celery sticks and Bleu cheese dressing. Served plain or with a sauce; Buffalo, Hot & Sweet Chili, Honey Mustard or BBQ. 9.95

Boneless Chicken Strips - Buttermilk battered chicken strips with celery. Served plain or with a sauce; Buffalo, Hot & Sweet Chili, Honey Mustard or BBQ. 9.95

Chicken or Buffalo Chicken Quesadilla - With sautéed onions, red & green peppers, and Cheddar all grilled inside of a garlic-herb tortilla, served w/ sour cream, guacamole and zesty salsa. 9.95

Blackened Chicken Nachos Grande'

Tri-colored tortilla chips piled high with blackened chicken & melted Cheddar, topped with fresh tomatoes, black olives, scallions, sour cream, guacamole and zesty salsa. 9.95

Shrimp Cocktail - Fresh shrimp served with spicy cocktail sauce. 9.95

Skillet Seared Pot Stickers 🌈 - Served with soy sauce and hot & sweet chili sauce. 9.95

Entrée Salads

Caesar Salad - Hearts of Romaine tossed with our own Caesar dressing, seasoned croutons, and shaved Parmesan cheese. 8.95 Add Grilled Chicken or Peppadew Veggie Burger +3.95

Buffalo Chicken Salad - Boneless chicken strips tossed with Buffalo sauce on top of garden fresh lettuce with bacon, served with Bleu cheese dressing. 10.95

Cobb Salad - A bed of fresh Romaine topped with grilled chicken, chopped bacon, hard boiled eggs, tomatoes, cucumbers, scallions, crumbled Blue cheese and tossed with Cobb dressing. 10.95

Greek Salad 🌈 - A bed of fresh Romaine topped with Kalamata olives, Feta, cucumbers & tomatoes, tossed with lemon seasoned Greek dressing. 9.95

Add Grilled Chicken or Peppadew Veggie Burger +3.95

Before placing your order, please inform your server if you or anyone in your party has any food allergies.



Indicates a well-balanced, nutrient-rich Color Your Plate™ item. Learn more about our nutrition partner, Core Performance, and Color your Plate at sheraton.com/fitness



Lunch 11:00 am – 5:00 pm

Burgers with Signature Hand-cut Fries

MVP Burger

Applewood smoked bacon, lettuce, tomato, Cheddar cheese & crispy onion strings. 9.95

Mushroom Lovers Burger - Grilled marinated Portabella mushrooms & Swiss cheese. 9.95

Black & Bleu Burger - Bleu cheese & caramelized onions. 9.95

Blackened Cajun Burger - Blackened Burger with Creamy Cajun sauce & crispy onion strings. 9.95

Patty Melt - Caramelized onions & Swiss cheese served on grilled Marble-Rye bread. 9.95

Breakfast Burger - Topped with a fried egg & bacon. 9.95

Peppadew Veggie Burger - Vegetarian burger with lettuce and tomato. 9.95

Turkey Burger - We can create your turkey burger just like any other burger listed above. 9.95

California Burger - Guacamole, salsa, lettuce, tomato and Goat cheese. 10.95

Reuben Burger - If you are hungry, we have what you want; our big burger on grilled Marbled-Rye bread with 1/4lb of thinly sliced lean Corned Beef, topped with melted Swiss cheese, red cabbage, and drizzle it with Thousand Island dressing. 14.95

Double Trouble Burger - If you are starving and have a BIG appetite, then you want the Double Trouble Burger. Two big burgers with a double layer of Cheddar topped with a double order of bacon and finished with caramelized onions and crispy onion strings. If you want to make yourself feel like you are eating something healthy, we can add lettuce and tomato. We serve our Double Trouble with a double side of both Fries and Onion Rings. 19.95

Panini & Sandwiches with Signature Hand-cut Fries

Red Rueben Panini - Thinly sliced, lean corned beef with Swiss cheese and red cabbage, drizzled with Thousand Island dressing and grilled on marble rye bread. 9.95

Mediterranean Tuna Panini 🍷 - Chunk light tuna, plum tomato, Feta cheese, red onions, Kalamata Olives, Capers and lemon juice on whole grain bread. 11.95

Grilled Chicken Breast Provolone Melt 🍷 - With vine ripened tomatoes, lettuce and red onion on whole grain bread. 9.95

Classic Turkey Club - Sliced turkey and Swiss cheese with bacon, lettuce, tomato and mayo on toasted bread. 9.95

Fresh Fried Fish Sandwich - Pick of one of our fresh baked rolls with VT Cheddar. 9.95

Veggie Wrap - Grilled Portabella mushrooms, fresh sliced tomato, cucumbers, Romaine, and fresh Feta cheese tossed with Balsamic Vinaigrette in a garlic-herb tortilla. 8.95



Fresh Fried Fish & Fries - Seasoned Panko-encrusted Atlantic Cod fried to perfection. 14.95

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