# Finger Lakes Farm Country The Various Faces of Agritourism

"Much of the Finger Lakes region still shows its rural roots. Dairy farms, small villages, and stunning 19th-century architecture dot the landscape. Today the region thrives on its viticulture. Those deep glacial lakes create a microclimate that moderates temperatures along their shores, protecting grapevines from cold winters and hot summers. The region has more than 100 wineries, and touring vineyards is one of the top tourist activities. Meanwhile, B&Bs are sprouting . . . and restaurants are honing their menus to focus on the region's fresh bounty in produce, dairy, meat, and wine."



## It's Time to Get Picky

It's Not Fall in the Finger Lakes, Until You've Been to Reisinger's Nearly 50 acres of orchards, fields and meadows are open to stroll through while looking for those perfect apples or sampling sweet berries. You will have many opportunities to teach the kids about the value of fresh fruit and nutrition at Reisinger's Apple Country. Educational displays will show you the seasonal jobs required

ReisingersAppleCountry.org

to run an apple orchard.



## Farm-to-Table Goodness

#### You Pick The Veggies, Then Savor the Meal

In Hammondsport (aka "America's Coolest Small Town"), you'll find Pleasant Valley Inn, a chef-owned country inn doing some awesome things including offering guests a wonderful farm-to-table package which includes a trip to Oak & Osage Farm to meet the farmer, pick some veggies, then visit Steuben Brewing for a tasting. Later, the culinary crew at Pleasant Valley Inn will transform the ingredients you picked at the farm into a couple delicious specials for you to enjoy during dinner.

PleasantValleyInn.com



#### **Organic Breakfast in Historic Octagonal Inn**

An historic octagonal B&B in Hammondsport, built in 1859 and listed on the National Register of Historic Places, offers a getaway package centered around the thriving craft beer craze. In addition to delicious organic farm-to-table breakfasts each morning, they're located less than a quarter mile from The Brewery of Broken Dreams which has a wide selection of tasty handcrafted brews.

StayBlackSheepInn.com



# Locally-Made: Tastes Fresh and Fabulous

## **Artisan Cheeses on a Family Farm**

Sunset View Creamery is located on Hoffman's Dairy, a century farm located outside of Odessa, New York. All the milk that is used to make their delicious array of cheese comes from their own cows. You'll go on a short farm tour where you can meet the cows, see the milking parlor, and then sample some of their artisan cheeses.

SunsetViewCreamery.com



#### **One of NY's Best Craft Breweries**

Horseheads Brewing is a highly-decorated brewery with awards that include "Best Craft Brewery in New York State" in 2010 & 2015 by TAP NY, Silver Medalist in the World Beer Championship in 2016, Best Pumpkin Beer in the U.S. by *Travel + Leisure* in 2016, and many more. Specializing in hand-crafted beers made with the highest quality and freshest ingredients, resulting in a taste that is exceptionally fresh, clear and pure. **HorseheadsBrewing.com** 



## **Finger Lakes House Wine Bar**

Finger Lakes House Craft Beer and Wine offers a warm and welcoming place for slowing down your day. Discover 45 wines and 30 beers on tap under a single roof—all from Finger Lakes Wine country!

FingerLakesHouse.com



#### **Craft Your Adventure**

The Craft Your Adventure Trail has grown to include over 30 craft beverage producers, including breweries named Best in New York State at TAP NY Craft Beer and Food Festival, those with brews named some of the best in the state, the first actual estate grown hop farm/brewery in NYS, and the most awarded farm-cidery in the United States in 2017 (Cider Creek Hard Cider). A number of the breweries on the trail are farm breweries.

FingerLakesBeerCountry.com

"Farm stands dot every stretch of road, offering everything from pick-your-own blueberries to artisanal charcuterie and cheese."

-Anna Lee C. Iijima, Wine Enthusiast



# Getting Back to Nature

## Talk to a Turkey, Kiss a Cow, Rub a Pig's Belly

Located in the rolling hills, just west of Watkins Glen, the Farm Sanctuary allows you to visit with rescued farm animals including pigs, goats, cows, chickens, and so much more.

FarmSanctuary.org



### **Experience Harmony With Nature**

Hawk Meadow Farm specializes in log-grown woodland mushrooms such as shiitake. Among our other products are herbs, and maple syrup. A tour of our farm includes visiting the mushroom yard and a discussion on growing shiitakes outdoors on logs. There is a creek to cross so appropriate footwear and clothing is a good idea. Tours take about an hour to an hour and 15 minutes. Groups of 10 or more may reserve a tour on additional days /times. Please schedule in advance with at least 24 hour notification.

HawkMeadowFarm.com



#### Yoga on the Homestead (With Goats!!!)

Traditional yoga poses like Mountain, Camel, and Cow have not been changed to Mountain Goat, LaMancha, or Oberhasli. At least not yet. This wonderful wellness trend has found its footing here in the Finger Lakes in small, rural communities like Savona where ZiegenVine Homestead, a 103 acre farm with scenic views of the valley, offers legit yoga instructors and incredible views. I mean, rolling hills, the far off horizon, and a gorgeous valley all from your yoga mat. And the goats are so adorable!

ZiegenVineHomesteadLLC.com



#### **DIY Wellness**

When they're not speaking at the International Herb Symposium or teaching people about using essential oils instead of pesticides for organic banana production, the folks from Healing Spirits Herb Farm share their expertise of edible and medicinal plants and herbs. Certified organic for the past 25 years, Healing Spirits offers workshops and hands-on experiences from identifying plants that offer a wide range of health benefits, to making herbal teas, salves, or facial creams.

HealingSpiritsHerbFarm.com



# A Little Bit of Everything

## **Stoneyridge Orchard and Winery**

StoneyRidge Orchard & Winery is a family owned business that brings together cultures from Europe & Trinidad to produce a variety of apples and fruits, from the common to the rare and exotic. Each family member specializes in one or two portions of the orchard from soap making, pesticide management, agriculture productivity, harvesting, cider producing, tree maintenance, to fruit canning and production of apple wines, all aimed to create the best products possible.

StoneyRidgeOrchard.com

# More Ways To Step Back In Time Or Spark Your Creative Flame:

Shtayburne Farms, Stonecat Cafe, Timber Stone Grille, The Cellar, The Elf in the Oak, Mud Creek Bison Ranch, Heavenly Sunset Alpaca Farm, Parulski Farms, Hemlock Ridge Farm, Chamberlain Acres . . .

Others: Amber Waves and Button's Creekside are two working farm B&Bs. Stay overnight, and take on some farm chores during your visit for an authentic glimpse at farm life.

