

**Breakfast**  
**Your Morning Warm Up!**  
 Served until 1pm

**BRC Egg Sandwich Special**  
 Ham, Bacon, or Turkey w/ 2 eggs & Cheese on Ciabatta Roll or Bagel \$4.75  
 w/ small gourmet coffee (before 11am only) \$5.75  
 on croissant add \$0.50

**EGGS & OMELETS** (Served with Toast)  
**Two eggs, any style** \$3.50  
**with Bacon, Ham, Sausage or Turkey** \$4.75  
**Cheese Omelet** \$6.25  
**Vegetarian Omelet** Tomatoes, Onions Peppers \$6.25  
**Greek Omelet** Fresh Spinach, Tomato & Feta Cheese \$7.25  
**Ham & Cheese Omelet** \$7.00  
**Sausage, Peppers & Onions Omelet** \$7.25  
**Add-Ons:** Fresh Spinach, Tomato, Onions, Peppers or Sour Cream \$0.50  
 Cheese or Avocado \$1.00

**Sides**  
 Fruit, Bacon, Ham, Sausage or Turkey \$2.00  
 Crackers \$0.75



**Belgian Waffle**  
 w/ Real Maple Syrup \$6.50  
 w/ Scoop of Yogurt \$7.00  
 w/ Fresh Fruit: Strawberries, Blueberries or Bananas \$7.25  
 w/ Nutella & Bananas or Strawberries \$8.00  
 w/ Vanilla Gelatto \$8.00

**Short Stack of Pancakes** Two Pancakes w/ Maple Syrup \$5.75  
**Tall Stack of Pancakes** Three Pancakes w/ Maple Syrup \$8.50

**French Toast** \$6.00  
 With cream cheese and strawberries \$7.25

**Yogurt Parfait** w/ fresh fruit & granola \$4.75

**Fresh Fruit Cup** \$4.50

**Bagel w/ Butter & Jelly** \$2.25

**Bagel w/ Cream Cheese** \$2.75

**Assorted Muffins & Croissants** \$3.00

**Ciabatta Roll with Butter** \$2.50

**Roll with Butter** \$2.00

**Track Side Espresso Bar**

Extra Shots \$1.00

	12 oz. Small	16 oz. Medium	20 oz. Large
Coffee	\$2.00	\$2.15	\$2.25
Brewed Teas	\$1.40	\$1.60	\$1.75
Chai Tea	\$1.40	\$1.60	\$1.75
Cappuccino	\$3.60	\$4.10	\$4.25
Latte	\$3.60	\$4.10	\$4.25
Chai Latte	\$3.80	\$4.30	\$4.60
Espresso	\$1.80	\$2.30	
Café Mocha	\$3.80	\$4.30	\$4.60
Caramel Latte	\$3.80	\$4.30	\$4.60
London Fog	\$3.00	\$3.25	\$3.50
Café Au Lait	\$2.50	\$3.00	\$3.25
Hot Chocolate	\$2.75	\$3.10	\$3.25
Frappé (Caramel or Mocha)	\$4.50		\$4.75
Frozen Hot Chocolate	\$4.00		\$4.35

**Weekend Brunch**  
 Served until 1pm

**Choice of Any One:** **Plus Choice of any one:**

3 Eggs Any Style  
 Cheese Omelet  
 Belgian Waffle  
 2 Pancakes  
 French Toast

Orange Juice  
 Yogurt Parfait  
 Mimosa  
 Sangria  
 Strawberry Lime Roscado



**Plus Choice of any one:**

Bacon  
 Sausage  
 Ham  
 Turkey  
 Sliced Chicken Breast  
 Side of Fruit  
 Side Salad

**Plus Gourmet Coffee or Tea**

**\$15.00**



**Sprints**  
**Real Fruit Smoothies**

\$4.75 Small, \$5.75 Large

**Mixed Fruit Splash**

Strawberry, Banana, Mango, Agave & Pineapple Juice

**Strawberry/Banana Bump**

Strawberries, Bananas, Agave, & Milk\*

**Peanut Butter Blast**

Peanut Butter, Strawberry, Banana, Mango, Agave & Milk\*

**Banana-Mango Mania**

Banana, Mango, Agave & Milk\*

**Tropical Summer Splash**

Coconut Sorbet, Pina Colada Syrup, Banana, Mango, Agave & Pineapple Juice



\*Almond or Coconut Milk add \$.050

**Drinks**

**Assorted Juices/Drinks** \$2.75

**Soda** \$1.75

**Sangria** \$7.00/glass, \$22/pitcher

**Mimosas** \$7.00

**Strawberry-Lime Roscado** \$8.50



**Full Wine & Beer List Available**  
**Featuring Gluten Free Beer!**



**RUNNER FACT:**

Track and field is the most accessible sport to participate in. It only takes two people to have a race, or one person and a stopwatch.

## Olympic Sandwiches \$9.00

Served with Potato Chips

*Watching Your Carbs & Gluten? All Sandwiches Available as Lettuce Wraps!*

**Cross Country Meet:** Grilled chicken, guacamole, grilled onions and peppers, cheddar cheese, salsa, sour cream, chopped lettuce with a spritz of lime on a spinach wrap.

**The Red Devil Run:** Grilled chicken basted in red pepper buffalo sauce, crumbled blue cheese, lettuce & tomato on Panini.

**Caesar's High Jump:** Caribbean chicken, parmesan cheese, romaine lettuce, tomato, & Caesar dressing on Panini.

**Olympic Mile:** Turkey, ham & Swiss cheese, rubbed with mustard and grilled on garlic drizzled Panini.

**Javelin Throw:** Roasted red pepper, cucumber, tomato, feta cheese & basil with a splash of Italian dressing on a spinach wrap.

**The Stadium:** Hot roast beef, red onion, lettuce, tomato, and blue cheese dressing on a tomato/basil wrap.

**Isthmian's Triple Jump:** Spicy humus with sweet red pepper, cucumber, lettuce, tomato, feta cheese & sun-ripened tomato dressing on Panini.

**Pantheon's Run:** Turkey, roast beef, ham, salami, Swiss cheese, lettuce, tomato & Italian dressing on Panini.

**Flatbush Jog:** Hot Pastrami with swiss cheese & mustard on Rye bread served with coleslaw and pickle.

**Freestyle:** Tuna salad with lettuce, tomato, & avocado on rye bread served with coleslaw and pickle.

**Olympic Greek:** Thinly sliced steak with red onions, cucumbers, lettuce, tomato & feta cheese with tzatziki sauce on a wrap.

**Beef Runner:** Grilled roast beef, onions, sliced green peppers, mozzarella, pickles, lettuce & tomato with Italian dressing on a wedge.

**Pythian's Hurdle:** Turkey breast, bacon, smoked Gouda, lettuce, tomato & sesame-ginger dressing on Panini.

**200 Meter:** Jerk chicken breast, red onions, lettuce, tomato & balsamic vinaigrette on spinach wrap.

**Shorter's 10k:** Salami, mozzarella, roasted red peppers, tomato & basil on garlic drizzled grilled Panini.

### Line Up 1: Gyros

Sliced lamb, feta cheese, black olives, lettuce, tomatoes & onions with tzatziki sauce on warm pita bread

### Line Up 2: Philly Cheesesteak

Thinly sliced steak, red onions, green & red peppers with white American cheese on a toasted wedge.

### Jerk or Baked Salmon Sandwich

Salmon filet, lettuce, tomato, avocado & cucumber with tzatziki sauce on toasted Ciabata bread. \$11.00

## Carifta Games Specials

**Carib Crepe:** Caribbean chicken, sautéed onions & peppers, mozzarella & guacamole. \$9.25

**Nutella Crepe:** Fresh strawberries & bananas, topped with whipped cream & chocolate sauce. \$7.75

**Jamaican Beef Patties** \$3.00  
w/Cheese \$3.75

**The Discus:** Grilled chopped tomato with feta or mozzarella cheese & fresh basil pizza on Panini. \$7.50  
Add Buffalo Chicken \$9.00

**The Discus Extravaganza:** A mix of mozzarella & feta cheese, chopped tomato, red onions, black olives & fresh basil with your choice of sausage, chicken, ham or bacon, drizzled with olive oil on Panini. \$10.00

### The Exchanges

\$11.00 reg.

\$11.75 w/ bowl of soup

**Exchange 1:** Soup & 1/2 salad or 1/2 sandwich

**Exchange 2:** 1/2 salad & 1/2 sandwich

### The Nationals in Winning Soups

Bowl \$7.00, Cup \$6.50

## Marathon Salads

**Mediterranean Meter:** Mixed greens, cucumbers, tomatoes, red onions, green and black olives, feta cheese, and grilled chicken, served with balsamic vinaigrette, humus and pita wedges. \$11.50

**Fiesta Finish Line:** Mixed greens, grilled chicken, avocado, black bean & sweet corn, onions, peppers, cheddar cheese, salsa, sour cream, cherry tomatoes, & cucumbers with balsamic vinaigrette. \$11.50

**Winter & Summer Games:** Mixed greens, fresh apples and strawberries, walnuts, feta cheese & dried cranberries with raspberry vinaigrette. \$9.75  
w/Chicken \$10.75

**Pentathlon:** Field greens, tomatoes, carrots, cucumbers, green pepper, Caribbean chicken & sesame-ginger dressing. \$10.50

**Ted's Triathlon:** Mixed greens, roast beef, ham, turkey, salami, green olives, Swiss cheese, bacon bits & balsamic vinaigrette. \$10.75

**Greek Salmon Salad:** Mixed greens, salmon fillet, olives, onions, feta cheese, cucumbers and tomatoes with ranch dressing or balsamic vinaigrette \$12.50

## Junior Games

**Kids Pancakes** \$4.50

### SANDWICHES

Served on White or Wheat

Includes Apple Slices. Chips add \$1.00

**Peanut Butter and Grape Jelly** \$4.75

**Grilled Cheese** \$5.50

**Turkey or Ham & Cheese** \$5.50

**BLT** (Bacon, Lettuce & Tomato on Panini) \$7.50

## Post Race Desserts

*Check Out Our Gluten Free Options!*

**Hot Fudge Brownie & Vanilla Gelato** \$6.00

**Apple Pie or CranApple Pie A-la-Mode** \$6.00 \$6.75

**Toasted Almond Cake** \$5.75

**Carrot Cake** \$5.75

**Chocolate Cake** \$5.50

### Donna's:

**Cheesecake** \$5.75

**Strawberry Cheesecake** \$6.75

**Cherry Cheesecake** \$6.75

**Gelato (cup)** \$5.00

**Assorted Baked Goods**

(priced at counter)